

## **From Fear to Faith**

*Breakthrough – Part 1*

*“This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.” Joshua 1:9 (NLT)*

### **Growing Spiritually Through My Fear**

*(Matthew 14:22-33)*

#### **1) Admit my fears**

*“When the disciples saw him walking on the lake, they were terrified. ‘It’s a ghost,’ they said, and cried out in fear.”  
vs. 26 (NIV)*

#### **2) Take the risk**

*“...So Peter went over the side of the boat and walked on the water toward Jesus.” vs. 29 (NLT)*

#### **3) Expect the fear to return**

*“But when he saw the strong wind and the waves, he was terrified and began to sink. ‘Save me, Lord!’ he shouted.”  
vs. 30 (NLT)*

#### **4) Embrace the presence of God**

*“Jesus immediately reached out and grabbed him...” vs. 31 (NLT)*

#### **5) Give God the praise**

*“Then those who were in the boat worshiped him, saying, ‘Truly you are the Son of God.’” vs. 33 (NIV)*

*“With all my heart, I will praise the Lord. Let all who are helpless, listen and be glad. I asked the Lord for help, and he  
saved me from all my fears.”*

*Psalm 34:2-4 (CEV)*