

Overburdened

Twisted – Part 1

“And you will know the truth, and the truth will set you free.” John 8:32 (NIV)

Twisted Truth: God won't put more on you than you can bear.

“...And God is faithful; he will not let you be tempted beyond what you can bear...” 1 Corinthians 10:13 (NIV)

Real Truth: God's grace is enough for every burden I have to bear.

“Three times I pleaded with the Lord to take it away from me. But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness...’” 2 Corinthians 12:8-9 (NIV)

I access God's sustaining grace...

...by choosing to trust Jesus more.

“For the law was given through Moses; grace and truth came through Jesus Christ.” John 1:17 (NIV)

“So now we can rejoice in our wonderful new relationship with God because...our Lord Jesus Christ has made us friends of God.” Romans 5:11 (NLT)

...when I cry out to God for help.

“...God opposes the proud but gives grace to the humble.” James 4:6 (NLT)

“The danger of death was all around me; the horrors of the grave closed in on me; I was filled with fear and anxiety. Then I called to the Lord, ‘I beg you, Lord, save me!’” Psalms 116:3-4 (GNT)

...by accepting help from others.

“Bear one another's burdens, and so fulfill the law of Christ.” Galatians 6:2 (NKJV)

“He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.” Corinthians 1:4 (NLT)

...when I hold on to God's hope.

“but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.” Isaiah 40:31 (NIV)